

c&fs EAP

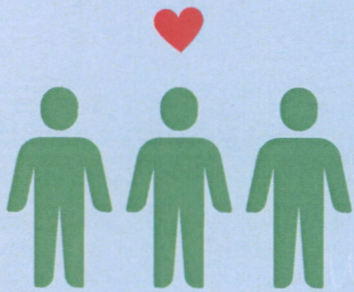
Employee Assistance Program

Member Assistance Program (MAP) Summary of Benefits

Life doesn't stop while you are at a work. MAP will help you manage both.
Call 716-681-4300 or 800-888-4162

General Information

- Confidential
- Association sponsored benefit at no cost to you
- Available for anyone in your household



Counseling and Coaching Services

- Available daytime or evening
- Offered in-person or via telehealth
- Up to 4 sessions per concern
- Solution-focused support
- Referrals to other professional resources

Work-Life Services

Consultation and referral assistance

- Nutrition Services
- Child Care Consultation
- Elder Care Consultation
- Mediation and Conflict Resolution
- Financial Services
- Legal Consultation
- Tobacco Cessation



24/7 Crisis Counseling Hotline

If you are experiencing a non-emergency concern, call our general number to receive assistance from a Master's level counselor at anytime. **For emergencies, dial 911 directly.**

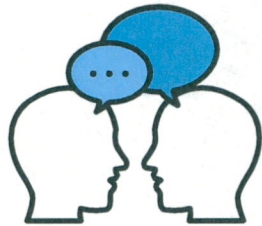
Contact Us Directly! Call 716-681-4300

Visit eap.cfsbny.org/member-assistance

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Employee Assistance Program

How We Protect Your Personal Information

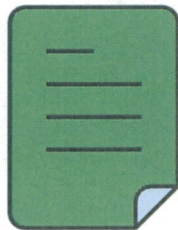


What We Do

- Counseling Services
- 24-hour in-the-moment phone support
- Nutrition, Financial, Legal, Eldercare, Childcare Services
- We provide support when you need it

Information Protection

By law we must document our interactions, and we do so carefully under the guidance of the Health Insurance Portability and Accountability Act (HIPAA).



Information May Be Disclosed

- Imminent harm to self or others
- Child or elder abuse, neglect, or harm
- Receipt of a court order or judicial subpoena
- Medical emergency
- If you choose to provide written authorization to share

Our Promise

Even when this information needs to be disclosed, we only share the minimum amount of information necessary.



Final Thoughts

- A full HIPAA disclosure statement is available upon request
- Please call us or reach out with any other questions or concerns
- We are here to support you

Call: 716.681.4300
Visit: www.eap.cfsbny.org

